



*'The final forming of a person's character lies within their own hands.'* – Anne Frank

PSHE at Portland, is woven through everything we do. This ensures our children have the skills and knowledge they need to succeed in life as citizens of the world. Our PSHE pyramid encompasses our layered approach of both planned and responsive teaching to ensure the needs of all children are met. Six broad themes overarch our whole curriculum while specific PSHE knowledge is taught through discrete weekly SCARF and Life Skills lessons. We use daily check-ins and the Wellbeing Compass to identify areas where children may need more personalised provisions either as a year group or as individual children, examples of which include additional whole class lessons, counselling and nurture. We take part in national events, such as #HelloYellow, the NSPCC Speak Out, Stay Safe program and Anti-bullying Week to raise collective awareness of issues specific to our children. These are shared with parents and the wider community to support conversations and continue to raise awareness around these topics at home.

*'It is not what you do for your children, but what you have taught them to do for themselves, that will make them successful human beings.'* Ann Landers

Life skills at Portland is taught through six areas: Health and Prevention, Caring for the Environment, Basic First Aid, Keeping Safe at Home, Using Money and Keeping Safe Outdoors. These areas have been selected to ensure our children are taught the life skills they need to be safe, well-rounded citizens.